



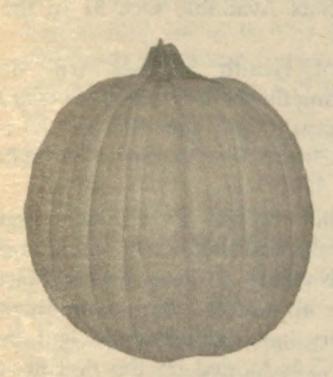
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ISSUE 16

TUESDAY

October 25, 2005

Halloween events haunt UNO



CHRIS LARSON SENIOR STAFF WRITER

Ghosts, ghouls and goblins are all bound to appear on UNO's campus from Oct. 25-31.

Several organizations will sponsor Halloween related activities in the next week. There will be haunted houses,

a "Hauncert" and many more.

Delta Sigma Pi, the School of Business fraternity, set up of Arts and Sciences for a Candy Corn Count Raffle from Oct. 20-24. They filled a jar with candy corn and were selling tickets for 50 cents,

food drives, costume contests, or three for \$1, to guess how many pieces were in the jar. The winner received tickets to a haunted house.

"We were just trying to shop in the first floor hallway come up with something different," said Adela Kubickova, freshman pledge.

> University Village will be hosting a "Halloween Bash" in the Clubhouse on Friday, Oct.

> > See HALLOWEEN: Page 3

Ramadan Marks the month of fasting for Muslims

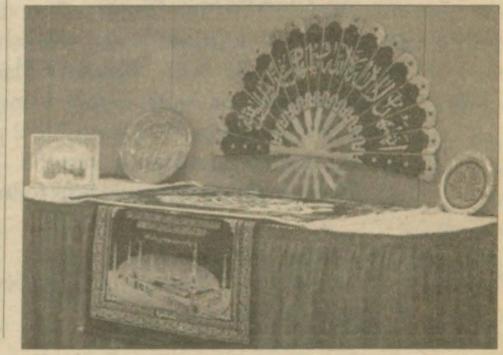


photo by Michelle Bishop

A prayer rug and other Islamic holy items were displayed on a table at Ramadan Night.

> CHRIS LARSON SENIOR STAFF WRITER

For Muslims around the world, and especially those far away from home, the month of Ramadan is very important.

Ramadan takes place during the ninth month of a 12-month Islamic lunar calendar, and is their month of fasting. Fasting consists of not eating or drinking, not smoking, and not partaking in sexual activities from dawn until sunset.

"When someone is sitting, eating in front of you it is really hard," said Faisal Bin Hanif, president of the Muslim Student Association. "It is really up to the individual whether they will fast or not."

This year, Ramadan began on Oct. 5 and will end on Nov. 4. The end of Ramadan is called Eid al-Fiter and is celbrated by getting together with family and friends. The Muslim Student Association's UNO chapter sponsored a similar event on campus.

"Ramadan night" is a large banquet for the entire community, including non-Muslims. It gives an opportunity for Muslims and non-Muslims to interact and

See RAMADAN: Page 3

Mays dominate second half

CHRIS HARRINGTON SENIOR STAFF WRITER

The Mavericks had their backs against the wall against a talented St. Cloud State football team. In a pivotal game for No. 24 UNO, the Mavericks prevailed, winning 38-21 over the seventh-ranked Huskies in front of a home crowd of 3,100 at Caniglia Field.

Saturday's win was a school record and 85th career win for Coach Pat Behrns. UNO is now 6-2 on the season and 2-2 in the North Central Conference.

"This was a game that we had to figure out a way to win and we did," Behrns said. "We knew we had to have some different people step up and they did."

Players such as Zac Herold, Kyle Kasperbauer, Brian Masek and Chris Denney, who was back at full strength, stepped up in a significant way for the Mavericks.

"It felt good to be back, helping the team win," Denney said. "Obviously I See MAVERICKS: Page 10



photo by Michelle Bishop Pagel Williams and David Chochon take down St. Cloud State's Ed DeShazer

Health fair brings health care to campus

SCOTT STEWART

SENIOR STAFF WRITER / SYSTEMS MANAGER

The fifth annual UNO Health Fair invited students to the Milo Bail Student Center to get healthier with its theme "Healthy Lives in 2005."

"I think the event was very successful," Coordinator of Student Health Services Marcia Adler said. "The vendors felt students were really interested in the booths."

More than 20 vendors participated in the fair, held on Oct. 20, including healthcare providers, dentists, insurance companies, area businesses, and university representatives.

"I was pleased with the student turnout," Adler said. "The turnout was excellent. The kinds of questions asked were also excellent."

The health fair offered booths on and \$400. a variety of subjects, such as breast cancer awareness, hand washing, smoking, chiropractics, teeth whitening, and vision correction surgery.

"I was most pleased this time by how the booths were interactive," Adler said.

One of the most popular offerings of the fair was discounted comprehensive blood work. The \$22 screening included cholesterol, diabetes, thyroid, kidney, and liver

function; prostate cancer screening was also offered to males for an additional \$12. Normally, these screenings would cost between \$300

during Saturday's game. UNO defeated the Huskies 38-21.

According to Student Health Services, 189 people received blood tests at the fair. The results will be mailed to their homes upon completion.

In addition to blood work, screenings for vision, hearing, skin cancer, and blood pressure were offered.

"There was a wide range of organizations that were present. This was a great opportunity for students and others to network with people

See HEALTH FAIR: Page 3

Photo of the week: May Band!



photo by Caelan Millerd

The Marching Mavs perform during halftime at the football game Saturday.

Omaha_{Weather}



Today Mostly Sunny H: 56 L: 31

NEWS

News you can use

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Writing Center workshop series continues Oct. 31

The UNO Writing Center will continue its series of writing skills workshops Monday, Oct. 31, with "Should I Place a Comma Here, or Not?: Using Commas Correctly." It will be held from 1 to 2 p.m. in Arts and Sciences Hall, Room 150.

The remaining schedule is as follows:

Tuesday, Nov. 15 "How Do I Document This Source Using MLA Documentation?" 11:30 a.m. to 12:30 p.m.

Wednesday, Nov. 16

"How Do I Document This Source Using APA Documentation?"

2:30 to 3:30 p.m.

All workshops will be held in ASH, Room 150. Workshops are free of charge. They are open to the entire campus community and require no reservation. For more information, call Connie Eberhart at 554-3322.

Volunteers Needed for Halloween Party

Organizers of the annual Mav Kids Halloween Party are seeking volunteers to help run games and work in the haunted

house.

The event, which is free and open to all ages, will be held Saturday, Oct. 29, from 4 to 7 p.m. in the Health, Physical Education and Recreation Building. The haunted house will be open from 4 to 6:30 p.m.

Volunteers are needed to help set up the game room during the day, then work the games and haunted house during the

Donations of food for the local food pantry will be accepted at the event, along with donations of blankets and towels for the Town and Country Humane Society.

To volunteer or for more information, call Lisa Adams in Campus Recreation at 554-2859.

Flu Shots Available Oct. 31 in the **MBSC**

Student Health Services will be administering flu shots to interested UNO students, faculty and staff Monday, Oct. 31, from 8:30 a.m. to 1:30 p.m. in the SHS

The shots are \$15 for students, and \$20 for faculty and staff. Cash, checks and credit cards will be accepted, and an exact payment is appreciated. No appointment is necessary, and refreshments will be served. SHS is located on the first floor of the Milo Bail Student Center. For more information, call 554-2374.

Entrepreneurship programs encourage students to explore business world

PAULINE MBURU STAFF WRITER

We live in an age of business and entrepreneurship. Every time you turn on the television or take a detour down a street you see new business or new opportunities for business. What if you had a place where you could learn how to start up, maintain, learn the ropes of running a business or just provide the experience?

Anne York, associate professor of Strategy and Entrepreneurship and director of Maverick Entrepreneurship Institute at the College of Business Administration at UNO has pioneered the summer high school entrepreneurship program that targets rising high school seniors in the greater Omaha area.

"The goal is to stimulate an early interest in local business formation." York said. "It also provides the students with meaningful summer employment."

York said that the students would obtain college credit and a positive precollege experience. She said that those who participate would be introduced to the program via "Think Outside the Box" day seminars at the area community colleges. The seminars are sponsored

by the Nebraska Business Development Center and Congressman Tom Osborne's office. The seminars are held January or February of each year.

Students are nominated by counselors, marketing teachers or faculty sponsors of pre-professional clubs in their school. Once nominated the students submit formal applications and copies of their high school transcripts. The selection is based on evaluations of the application data and formal interviews with the Maverick Entrepreneurship Institute team.

The Maverick Entrepreneurship Institute is a segment of the college of business at the UNO. It has partnered with businesses like the Peter Kiewit Institute, Nebraska Business development center, Omaha chamber of commerce, First National Bank and the Federal Reserve Bank just to mention to enable the institute to provide entrepreneurship opportunities to UNO students and local high schools.

The UNO chapter of Collegiate Entrepreneurs' Organization is the college club linked to the institute. The club held their kick off meeting held Oct. 11, and members discussed the upcoming annual entrepreneurship business plan competition.

The competition entails writing an original business plan along with a 15 minute PowerPoint summary presentation. Winners of the competition win \$5000 in cash and prizes. The winning plan team walked away with \$2500 in cash and prizes and an additional \$2500 additional seed money.

At the meeting club members skimmed through student run business potentials at the university. Steve Chikwaya, the membership chair, said that the type of business they establish has to be manageable.

"Venture capital is a big problem." Chikwaya said. "It generates more money for the loaner then the borrower."

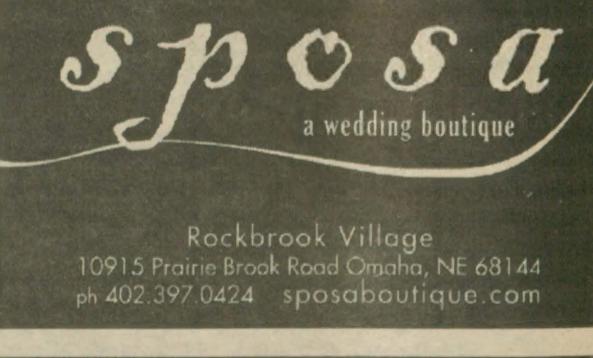
Eric Easton, the president of the club, said a non product based business without a store front would be flexible. He also stressed the need to have the member take up a small role and give some kind of input for the benefit and growth of the club.

"We need to network for the success of the

business idea we come up with. " Easton said. "We also need a legal advisor or someone with the expertise in the business law."

The meeting also touched on potential business sponsors linked to UNO and a base for the startup business. Current UNO students and Alumni are eligible for membership.

For more information about the club, the summer high school entrepreneurship and the business competition visit their website at http://cba.unomaha.edu/mei.



UNO takes part in planning obesity camp for kids

AARON CROFT STAFF WRITER

Many children today face the same problem with obesity that has affected many adults in America. Together UNO, the Douglas County Department of Health and several other local groups want to address this issue with Club Possible.

"A higher percentage of children today are becoming overweight and obese, with twice as many children and three times the amount of adolescents being either overweight or obese," Mary Balluff of the Douglas County Department of Health said.

Club Possible is an obesity prevention program that is working with 13 Omaha schools this year, helping out children at existing after school programs such as the YMCA, Campfire, Boys and Girls

Club of America, and the Girl Scouts, teaching them to eat better and to become more active. In the beginning of 2005 several local organizations including representatives of UNO's School of Health, Physical Education and Recreation met to create a plan of attack for the battle of the youthful bulge.

Jennifer White, assistant professor in HPER said, "The program features a variety of exciting and fun activities geared to teach children that there are many ways to be active and eat healthy."

There is also a Family Fitness challenge that is held at the YMCA, who can be contacted for more information.

Health experts say that exercise is one of the biggest precursors to a healthy life.

"Just going outside and

walking every day can help people immensely." Josie Sheppard-Nwuju, personal trainer and UNO student, said.

"Children just need to get outside and be more active. Sitting inside all day and playing video games and watching television can be a large factor in childhood obesity."

According to infoplease.com, "Overweight and obesity continue to be an alarming public health problem in the United States, affecting 97 million American adults-an astonishing 55% of the population."

Balluff believes that Club Possible is a way to combat this issue effectively.

"We are helping children by going to existing after school programs and adding Club Possible to teach both parents and children about obesity prevention."

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From HALLOWEEN: Page 1

28 around 7 p.m.

"We will be watching scary movies, dancing, tarot reading and much more," said Chris Bucher, University Village resident advisor.

The annual "May Kids Halloween Party," hosted by Campus Recreation, will be on Saturday, Oct. 29 from 4 p.m. to 7 p.m. in the HPER building and is free and open to all ages.

This year it's more than just a party, it is also a food and blanket drive. They will be collecting canned foods for area food banks, and blankets and towels for the Nebraska Humane Society. Along with the fundraiser there will be a Haunted House from 4 p.m. to 6:30 p.m., a fortune teller, games and lots of prizes.

The African American Organization and Lambda Theta Nu Sorority are cohosting a "Safe Trick-or-Treat" in the Ballroom of the Student Center on Oct. 30 from 4 p.m. to 7 p.m. It's free and open to children 12 and under. The National Council of Negro Women's UNO chapter is also helping with the event.

"We are setting up a table to do pumpkin painting," said Felicia Smart, president of NCNW.

There are many events on campus that will be taking place on Halloween for efforts. those students looking for something to do, or as an excuse to wear a costume.

around the city," Adler said. She observed

some students making connections not

only with health care providers, but future

Heath Services (SHS) and the Wellness

The event was sponsored by Student

"A lot of departments pulled together to

From HEALTH FAIR: Page 1

employers and resource connections.

Stampede.

Student Programming Organization is having a costume contest on Oct. 31 in the Fire-side Lounge in the Student Center from 11:30 a.m. to 12:20 p.m. A student outside of SPO, Sean Banks, came up with the idea and asked SPO to help him put it together.

"No real prizes, it's just for the fun of it," said Erin Cronn, SPO advisor.

UNO's Heartland Philharmonic Orchestra will be presenting its annual "Hauncert" on Oct. 31 at 7:30 p.m. in the Strauss Performing Arts Center Recital Hall. The "Hauncert" is \$5 for adults and \$4 for students. Orchestra members will be in costume and guests are welcome to dress up as well. There will be complimentary donuts and cider after the "Hauncert."

The School of Communication's UNO Public Relations Student Society of America chapter is dong a "Trickor-Treating for cans" event on Oct. 31. Members and fellow students will put on their best costumes and go door-to-door collecting cans for the Omaha food bank. With carts donated by Nebraska Furniture Mart, PRSSA hopes to collect more than 1,000 pounds of nonperishable food items for the food bank, whose supplies were depleted by donations to hurricane relief

"It's going to be a lot of fun," said Jackie Normington, secretary of PRSSA.

The event was also a UNO Spirit Committee designated event.

A "Spirit Station" issued "Spirit Tickets" to UNO faculty, staff and students who presented a valid MavCard.

The UNO Spirit Committee offers prizes for those who attend designated events as part of a campaign to increase participation on campus.

From RAMADAN: Page 1

better understand each other.

This year the event took place on Saturday, Oct. 22 in the Ballroom of the Milo Bail Student Center. It went from 5:15 to 8:30 p.m. There was a guest speaker from Virginia, Daud Nassimi, who has a master's degree in Islam. There was also a Middle Eastern buffet with several original Bangladeshi dishes.

The night began with a description of Ramadan by Asab Obaidi.

"If we look at waste around the world and our lack of self control," Obaidi said. "During the month of Ramadan we actually feel the hunger."

Imam Ahmad Al-Zaare, leader of the mosque, spoke about the other four pillars of the Islamic faith: faith, prayer, concern for the needy and pilgrimage. He then led the Muslims in a call for prayer to break fast.

Nassimi is an electrical engineer from Virginia. He is also the Vice Chairman of the Council of Muslim Organizations in the Washington D.C. area. This is a council of the Muslim organizations in the area, and his job is to bring unity to all of these organizations.

He has lived in the United States for 22 years, after fleeing from Afghanistan with his family when the Russians invaded in 1983.

"I will be speaking about the relationship between Muslims and non-Muslims," Nassimi said. "The topic was suggested by a student."

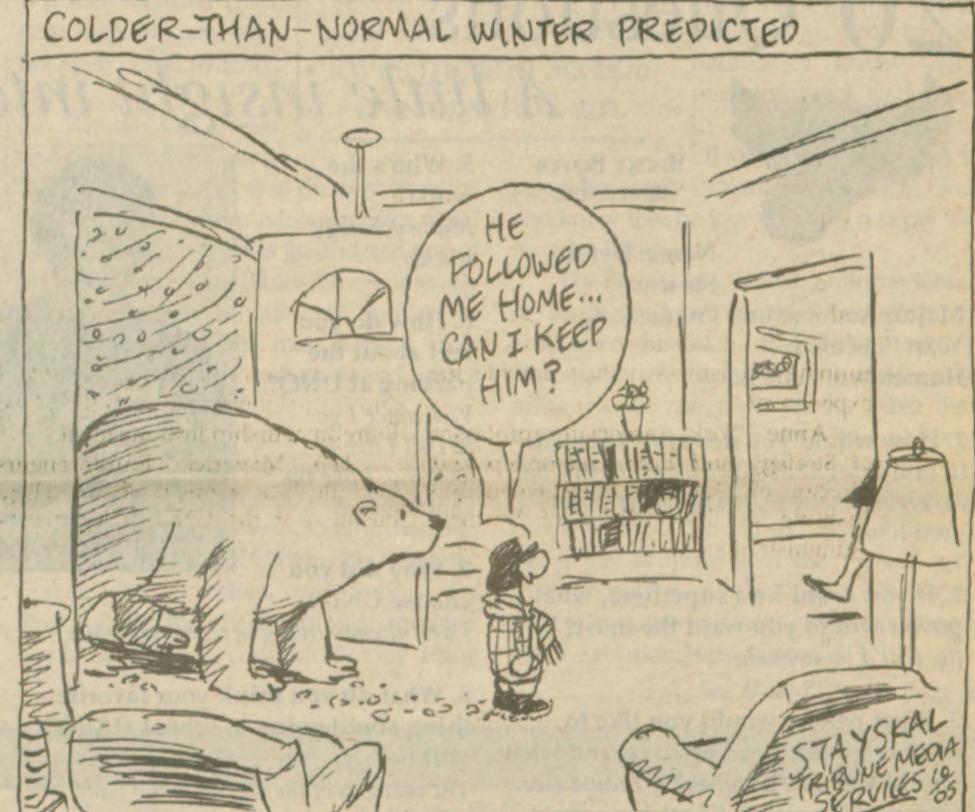
Muslimsarea growing minority at UNO, said Sharif Liwaru, Cultural Awareness Programs and Organizations Advisor. So, Ramadan Night gives other UNO students and other community members a chance to better understand Muslims and their holidays.

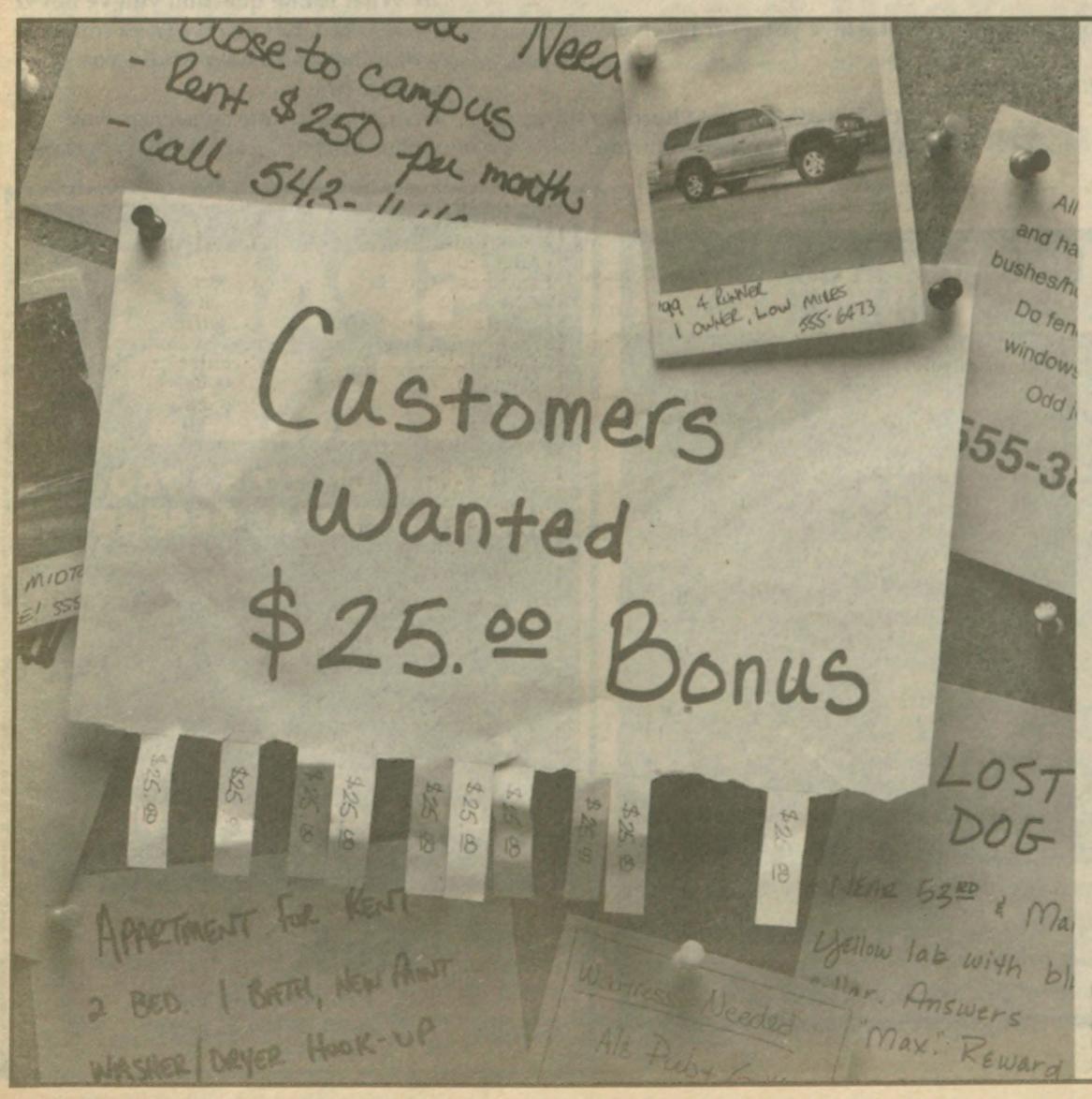
"We have quite a few Muslim students, the majority of which are from Afghanistan, Tajikistan and Southeast Asia," said Liwaru.

Ramadan is a very spiritual month for Muslims. According to a Ramadan Fact Sheet For Teachers, fasting helps individuals to feel compassionate for those who are less fortunate and underprivileged. It is a time of great community engagement, and charity to the poor.

"Justice is a prerequisite of peace," Nassimi said.

make it a success," Adler said. Need to recruit new members? Planning an event? Get your message across with us! 554-2494 advertising@gateway.unomaha.edu





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Pimp my pumpkin: How to carve a Molly Ringwald pumpkin

DANELLE PETERSEN
SENIOR STAFF WRITER

With a little help from the Internet, your wildest dreams can come true this Halloween. You can carve your favorite rapper, car, movie star, professional athlete or my favorite; the Brat Pack from *The Breakfast Club*, into a pumpkin.

Of course, this will not be an easy feat. But I have confidence that with a little patience and the right pumpkin, you'll have a flippin' sweet pumpkin in no time...or about an hour.

First thing you do is find your pattern and print it out. With some help from jack-o-patterns.com I found my dream pumpkin pattern: Molly Ringwald, a.k.a. Clair Standish from the 1985 John Hughes hit, *The Breakfast Club*.

Next, get your tools ready.

You will need: A thin serrated knife or a small jigsaw blade, a metal spoon or icecream scoop (to dig out the pumpkin guts), something to poke into the pumpkin (nail), tape (to hold the pattern to the pumpkin), flathead screwdrivers or pumpkin carvers (different sizes, for carving out the graytone on your pattern).

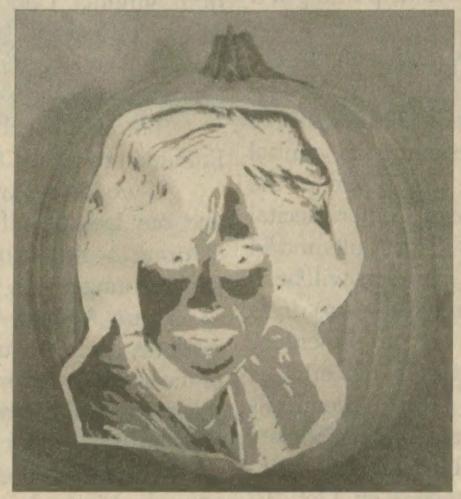


photo by Danelle Petersen

Download patterns from jack-o-patterns.com.

You will also need two copies of your pattern, one for carving and one for looking at and making sure you are carving the right thing.

Now it's time to start carving. Here are 12 easy steps from jack-opatterns.com to making your masterpiece or Master P, depending on your style.

Step 1. Wash and dry your pumpkin. (Very important)

Step 2. Cut an

opening large enough to put your hand into. (Most people put this opening at the top, but you can cut the opening at the bottom it makes candle lighting a lot easier and safer.)

Step 3. Use a hefty metal spoon, or ice-cream scoop, and scrape out the messy innards. (Try to get the flesh between ½ - 1 inch thick.)

Step 4. Rewash and dry your pumpkin. (Again very important.)

Step 5. Lay one of your pattern on the area of the pumpkin you have determined to be the front.

Step 6. Brush your hand over the pattern from the center out; this will form the paper to the shape of the pumpkin. (Some creasing will occur.)

Step 7. After brushing the pumpkin's . See PUMPKIN: Page 6

20 Questions

A little insight into a random UNO student

BECKY BOYER
STAFF WRITER

Name: Derek Stearns

Major: Architectural Engineering Year: Freshman Hometown: Omaha

1. How would you describe yourself in one brief sentence? Shy enough—but easygoing enough—to know how to have a good time.

2. If you could be a superhero, what power would you want the most? To fly, that'd be awesome.

3. What person would you like to meet the most, dead or alive, and what would you ask him/her? If I could meet God, that'd be sweet. I'd ask him why he decided to make my eyes blue.

4. Who's the best professor at UNO you've ever had? Patrick Cavanaugh because he's really relaxed.

5. Who's the worst?
My psychology teacher.

6. How do you feel about the parking at UNO? Well since I go to PKI I like it, honestly. I like the shuttle buses.

7. Why did you choose UNO?

I was already living here, money issue.

8. What do you think your favorite thing about going to school at UNO will be?

The easiness of the classes and a more relaxed atmosphere.

9. What do you think about the new lactation station?

That's good I guess, you gotta do what you gotta do.

10. If you knew you were going to die tomorrow, what would you do today?

I would probably go millions of dollars into debt and take a vacation to San Jose and sit on the beach and swim.

11. What's your favorite movie, and why?

The Family Guy movie because it's hilarious, funniest movie I've ever seen.

12. What's the most messed-up thing about the world today?

I'd have to say people are just so uptight and worried about what other people think about them.

13. What would you do to change that? I would force everyone to wear a clown suit and makeup 24/7.

14. Have you ever taken drugs? No.

15. What's the most horrible thing that's ever happened to you?

One time, I pooped my pants at my job. To make it seem a little better I didn't have a very easy stomach that day.

16. What's the difference between lust and love, to you?

Lust is like playhouse, one- night-stand thing. Love is just like you would bend over in front of a bus to tie their shoelace for them.

17. Have you ever really, truly been in love?

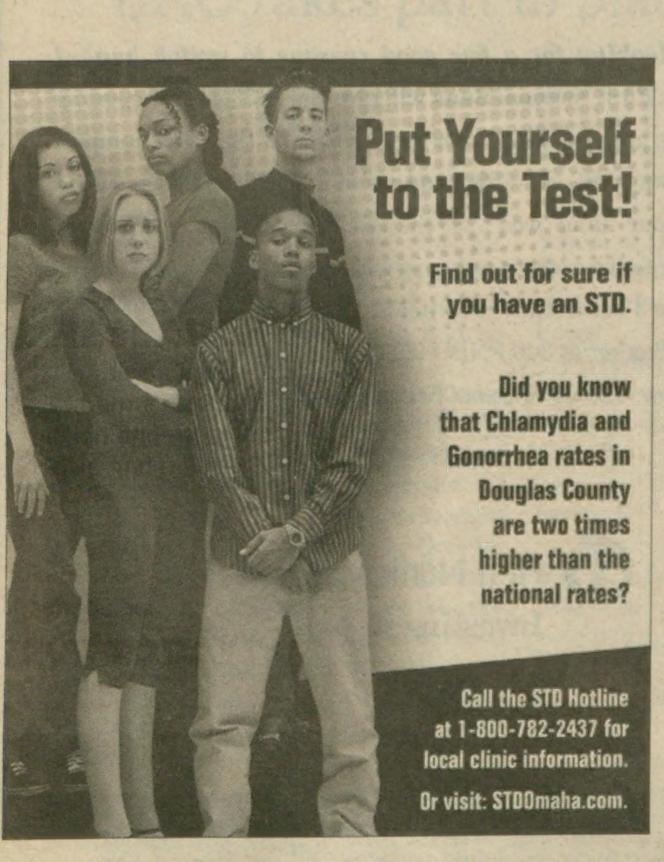
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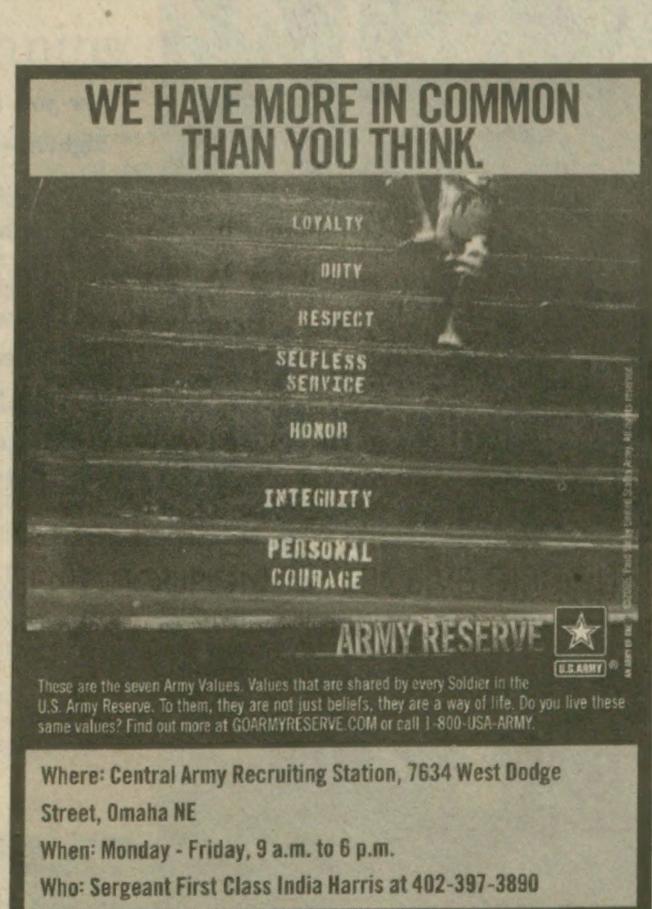
18. What's the meaning of life? 27.

19. What is the most difficult thing you've ever done in your life?
Try to juggle probably.

20. What is one question you've never been asked, but always wish someone would have and how would you answer it?

How do you want to spend your three million dollars? I want to buy Walgreens.







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Boozehounds part 2: Home alone?

It's Saturday night. I'm sitting home. Alone.

Okay, I'm not a social reject. But I'm wondering, what is the point of going out anymore?

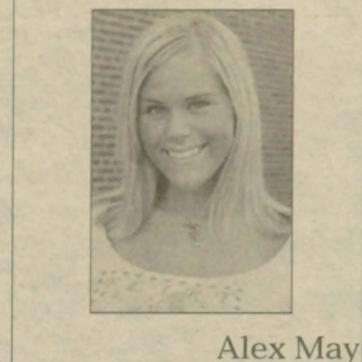
I like spending time with my friends, but lately the people I go out with are more...well, I guess "party friends" and not "lie around all day together and talk about things of substance" friends.

There's nothing wrong with having a large circle of diverse people that you socialize with, but at some point I feel like I've got to draw the line. Especially since I've been noticing discrepancies in morals, values and general lifestyle patterns between me and these so-called friends (interpret that how you will).

So I'm thinking that partying now really won't get me where I want to be, and while it's fun in the moment, I've never really cared much for the morning after a night of hard-core partying. That blur that is my weekend is precious time I've been wasting doing things that don't benefit me at all. All I have to show for myself Sunday morning is a headache and wild stories that I rely on my friends to fill in the blanks with what I can't remember. So tonight, I'm thinking I might stay home.

I could read a book or watch a movie. I could catch up on homework or even, gasp, work ahead. I could clean up my

Beyond the Blonde



pitiful excuse for a living space or take a nice hot bath. I could Google stuff I'm curious about.

So I've established that there is a multitude of things I could do tonight that will be more productive than going out. So why is it so hard to field all these calls from people who are hitting the town, wondering what I am up to and extending invitations? This is one

measly Saturday night. Come on Alex, be strong. Obviously there is a pull here. Nico beckons. After-parties call my name. Text messages whisper sweet nothings into my ear (okay, that was a bit much).

Do I use going out, a.k.a. drinking to escape my reality? Doesn't everyone?

I find myself sitting in night class on Thursday yearning to go out. I count down the days until I am free from scholarly responsibilities and can let my hair down. Thursday, Friday and Saturday are all a vapid worthless waste of my existence. But this will be no more, for I am staying home tonight. Probably, anyway. Well, I mean I was going to, but my friend is having this thing and...ah hell, there goes that. I guess this means part three is in

But until then I really need to get going because my hair looks like crap and time is a-tickin'.

Would you like a free Bible?

It was like any other day. I woke up late for class, couldn't find anything to wear to class, and was now contemplating whether I even wanted to go to class.

A typical morning in the life of a Mike McManus. Although my bed was looking awfully tempting, I weighed my options and decided that the old saying "Be cool, stay in school," was my best bet. I threw on some clothes, grabbed my bag and

was off to school...and might I add I was feeling pretty damn cool.

Class got out early and it was off to the student union for a quick bite to eat. My walk to the union, however, wasn't as quiet and quick as usual. I am sure most of us UNO students noticed a group called "Gideon's" handing out Bibles on Tuesday, Oct. 11.

The goal of this group is solely to distribute bibles to those in need. No harm, right? Well here is a little fact that I am sure most of you, and not even I until recently, knew.

Tuesday, Oct. 11 was also National Coming

Out Day. Funny this was the first time the Gideonswereoncampusthissemester, right? I had one of my friends go and ask one of the men distributing Bibles if there was any connection between National Coming Out Day. When asked, the man paused for a long couple seconds, and answered with a stern and quick "no."

He then went back to distributing New Testament Bibles. Since the man answered "no," I can't say withoutdoubtthathewasn't telling the truth, but I have a hard time believing his response. Conservative Christian organizations are always doing their best to protest anything involving the gay community. Gay Pride

How Typical

Michael McManus

I'll say it once and I'll

say it again. I'm a gay Christian, I believe in

God and know that he

loves me and accepts

me for who I am.

is always a prime target for these particular groups, and I guess National Coming Out Day is considered another.

I wonder how they would react if I brought the gay community to protest at one of their events, perhaps the next pro-life chain? I doubt they would be pleased.

grow tired of discussing anything along the lines of religion, because everyone's religious beliefs

are usually set in stone. It doesn't matter how many times I try and tell my parents that I am a gay Christian because they still don't believe the two can exist together.

I recently got two e-mails about my column regarding homosexuality and the Bible. They basically condemned me to hell and accused me of twisting the text in

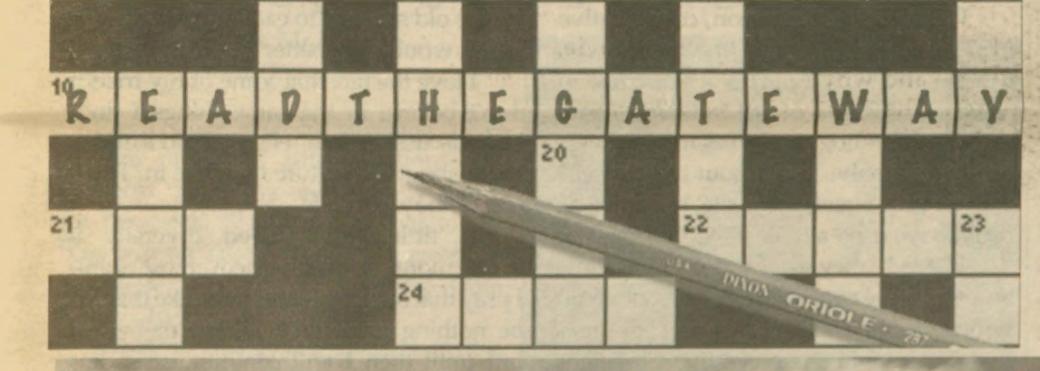
the Bible to accommodate my lifestyle. That's hard to hear. My response was simply of appreciation and thanks for taking the time to write to me, because I knew there was nothing I could say to change their beliefs. I'll say it once and I'll say it

again. I'm a gay Christian, I believe in God and know that he loves me and accepts me for who I am.

The Bible is simply man's interpretation of God's word, not once did God sit down and write the Bible, and if conservative Christians are going to sit there and acknowledge the parts of the Bible that benefit them, yet ignore others, I have nothing more to say to them.

Can you imagine a heaven without gay people? Doesn't sound like heaven to me. Being gay is more then the "sexual act" some consider a perversion. It's about family, love, commitment and support, just like the relationships you are in.

See How Typical: Page 6



UNO Graduate and Professional School Fair



Hosted by Career Exploration and Outreach

Wednesday, November 9, 2005 10 a.m. - 2 p.m. Milo Bail Student Center 2nd floor Ballroom



- Meet representatives from academic programs in business, medicine, law, pharmacy, education, liberal arts, science, and more.
- Talk with recruiters about programs, admissions procedures, and deadlines.
- Register at the door for prizes to be given away.

A workshop focusing on graduate school admission will be presented by Kaplan at 11 a.m. in the Aksarben room.

Whole Foods Market impresses

REVIEW BY ALEX MAY
SENIOR STAFF WRITER

There's a new grocery store in Omaha, and it's important to know the whole story.

Whole Foods in Regency openedits doors on Sept. 21, and has been amazing and overwhelming customers ever since. The 55,000-square-foot building is home to more than 400 varieties of seasonal and local produce, 300 varieties of cheese, both natural and organic, and more than 50 varieties of shellfish and seafood, all fresh and

delivered six days a week.

Store team leader Tom Marciniak says most people don't know where to start when they step foot in the massive organic specialty grocer. Not only is there the produce, cheese and seafood sections, but there are also choice natural meats that are smoked in-store, a gelato station with 24 unique flavors and a chocolate fountain. Homemade chocolates, fudges and candies abound.

The bakery boasts a molten chocolate cake that was deemed "dangerous" by a staff member,

and Marciniak's favorite delicacy-the fresh fruit tarts.

Customers can enjoy wine while perusing the store, or even get a bite to eat. Whole foods offers daily selections prepared fresh, including pizzas, paninis and several bars serving food like antipasti, salad, global cuisine and pasta. There is also a sushi and noodle bar for dine-in or take out.

Walking the store is an adventure for the senses. There are samples everywhere A coffee bar island rests ranging from natural ground beans available. beef to pomegranate juice. There is a coffee for reasonal bar where staff members roast raw brand," Ma

bar where staff members roast raw coffee beans themselves. There is a seemingly endless array of granola and trail-mix like snack foods, and the store has its own line of products including organic foods called "365 Everyday Value" and "365 Organic Everyday Value."

Marciniak says many people believe they cannot afford to eat organically.

"We offer quality organic foods



photo by Alex May

samples everywhere A coffee bar island rests in the center of the market, with on-the-go drinks and

for reasonable prices with our 365 brand," Marciniak says. "Anyone can afford to be healthful."

UNO student Heidi Engsrom recently visited Whole Foods, and plans on returning soon. "It's more than a grocery store," Engstrom says, "It's an adventure. There is so much to see and do, I had no idea where to start. I need to come back to see what I missed."

In addition to grocery items, Whole Foods offers what any other grocery store offers, only natural: Cosmetics, body products, freshcut flowers and plants, nutritional vitamins and supplements and natural hemp clothing, not to mention an inviting atmosphere that proves to be a welcome change from your usual fluorescently-lighted chain store with cold tile floors.

"Whole Foods is without a doubt the sexiest grocery store I've seen," says Marciniak.

Organic to the state of the sta

A sprawling produce section is one of the main draws to Whole Foods

From PUMPKIN: Page 4

Market.

shape into the paper, use a good amount of tape to hold the pattern in place (if you didn't wash and dry your pumpkin, the tape will have a hard time sticking).

Step 8. Use an awl, pick, nail, golf tee, or whatever, hard, pointed object you found, and trace around both the black and gray areas poking small punctures about an inch apart.

Step 9. After outlining both black and gray areas, remove the pattern from the pumpkin. You should have a good connect-the-dots pattern to follow.

Step 10. Use the second pattern copy as a reference, and use a saw or knife and cut out all black areas. For small wholes just take your pointed object and push all the way though.

Step 11. Again, use the second pattern as a reference; use a small screwdriver to score

the pumpkin about halfway though. (Be very careful not to go all the way through.)

Step 12. Now it's time to take your time. Use your different size screwdrivers and carefully chisel and scrape the skin and meat off the pumpkin, about half way through.

After you have cut out the gray areas, you should now have a fully carved Molly Ringwald pumpkin. It was recommended to help preserve your new pal, to put it in a large container and fill it with cold water and let it rest for just a few hours.

You should also put your pumpkin in water every other night and let it soak for a couple hours, because your pumpkin is still a living plant and needs some water too. If you are feeling adventurous you can even cook the pumpkin seeds and eat them. Make sure you

wash them first, then season them to taste yummy.

Now sit back and enjoy the coolest pumpkin you have ever seen and eat some candy corn.

From HOW TYPICAL: Page 5

I think these Gideon/conservative Christians should get their priorities straight and reach out to those truly in need. I can't think of the last time I saw someone handing out Bibles in the streets of North Omaha. How about the hooker I saw on 10th Street last week? I'm sure she could have used a Bible.

Instead, they concentrate their time and effort on a minority that has done no wrong, but simply scares and disgusts them. If anything, conservative Christians are scaring people away from their religion by forcing such teachings onto them. Fifty years ago, many churches turned their backs on African Americans. One hundred years ago, Christian families treated women more like property than they did as wives

and mothers. Now that equality (unfortunately not in all cases) has been given to these minorities, I guess the gays are the next target. I think that if we all lived

by the old saying "to each their own," the world would be a better place.

I love the fact that some of my friends don't believe in the same things I do. I love discussing their religions and learning more about the culture they live in. That's one of the joys of life.

A little word called diversity is a lot more powerful them most think. I pray that one day discussions like this will be nothing more then distant memories, but until then I will continue defending the person that I am. I'm a gay Christian. Deal with it.

Send questions or comments to McManus@mail.unomaha.edu







72nd & Grover

TERTAIN

Andrew Cumbee | Entertainment Editor

Page 7

entertainment@gateway.unomaha.edu | October 25, 2005

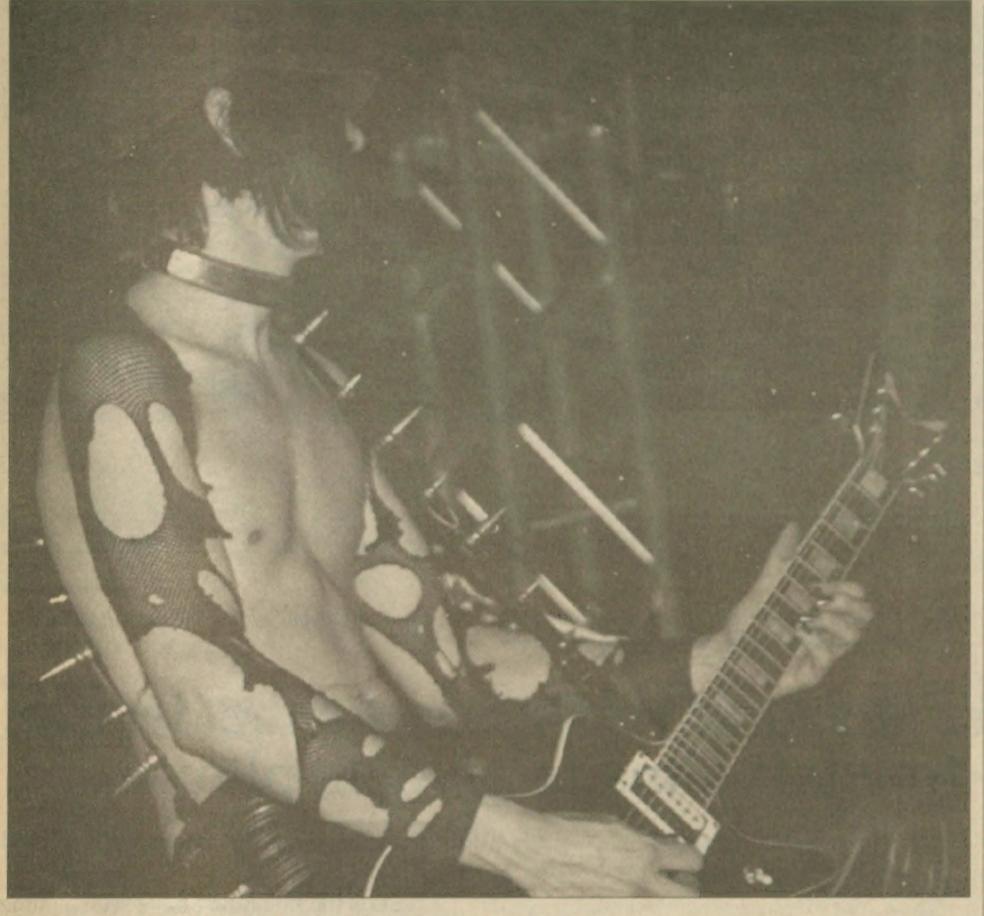


photo by Josh Bashara

Guitarist of the Genitorturers entertained a crowd of about 500 people at last year's Goth Ball.

Something a little wicked for Halloween

MICHAEL MCMANUS SENIOR STAFF WRITER

As college students attending UNO we are often left with questions and concerns regarding our nightly plans for the week. Should we go out to the beer bust on Tuesday? To the concert on Wednesday? Well how about the Goth Ball on Thursday? Say what?

The Goth Ball is one of hottest events this Halloween season, and one that is expected to draw individuals from all walks of life. The phrase "Gothic" brings to mind thoughts of darkness and depression, but the Goth Ball will prove that this lifestyle is a lot more complex then most think. Although gothic music is usually pretty mellow and depressing, it is also very erotic and can deal with themes of love and obsession...hmm...its starting to sound interesting?

Throw in a fashion show with the most authentic goth/industrial music out there and you have yourself event mixing fashion, art, music and erotica. quite the event worth attending. Josh Bashara, co-creater of Something Wicked productions, created the Goth ball out of necessity more than anything.

"I was tired of having to drive or fly to Chicago every time I wanted to see a great Goth or industrial band," Bashara said.

Omaha had yet to see any big goth/ industrial productions so he and partner Erick Stokes created this yearly event that would take place every October around Halloween, celebrating every aspect of the scene with this big, all-inclusive party.

"I wanted it all rolled into one event that people could look forward to each year." said Bashara.

This year the Goth Ball will have a few local acts playing, and one national headliner. The locals performing are Haunted Reason, Cloven Path and DJ Zachary Miller. They're all great musicians, and they've been in this game for a while.

The headliner will be DJ Zoltar from Washington, D.C. Zoltar was really involved with the industrial scene in the late 80s and early 90s. Today he is the program director for Worldspace and XM Radio's "The



Timothy Keen Photography The annual Something Wicked Goth Ball is an

System," one of the company's channels featuring dance and techno music.

Similar to last year's production, the show will consist of a large gothic/S&M fashion show with some of Omaha's hottest male and female models. They will also hold a "King and Queen of the Ball" contest, allowing the audience to decide who is the best-dressed guy and girl at the show.

And when you begin to think that there could be no more, throw in a few fire breathers, sword swallowers, and some bondage acts, and prepare yourself for one wildly sick party. Count on endless amounts of sexy, freaky, and extremely decadent activities.

The Basics:

When: Thursday, October 27, doors open at 8 p.m.

Where: Club NICO, 112th and Davenport (southeast of 114th and Dodge) Cost: \$8 in advance, \$10 day-of-show

Attire: Dress code not enforced, but gothic attire is encouraged (the freakier the

Coming events in November

Brent Crampton

On The Beat

Enough experiential relay rhetoric about epiphanies and other introspective moments I've had and in turn used as a philosophical intro. None of that stuff this week. Let's just focus on the events this time . . .

Trevor Matthews & Troy Dillards, Nov. 3 at Nico

Trevor Matthews is among the top house DJs

in the city that's been called the gateway to the west. Having been to Omaha in the past, he played deeper than anyone's ever played at Bar 415 on a weekend night, and still had the people movin' and groovin'. This time he'll be bringing up his partner in house-mania crime, male vocalist Troy Dillards. Soul-tinged and jazz-ladened house rhythms will be accompanied by Dillards' live sassy and garage-style vocals. For more info, check out www.ultramusique.com.

Wizzo, Nov. 5 at Bricktop in Lincoln (1427 O St.)

That's right, Omaha's old school house jock is coming back for one more night of body rockin' beats. Wizzo was once one of Omaha's top DJ's, continually bringing smiling crowds to whatever venue he dropped in at. After moving to the outskirts of Kansas City a few years ago, he gradually began DJ'ing less and less until he announced his unofficial retirement. Somehow, his friend, James Ehram, talked him into treating the

crowds to one more night. A surprise to all of those that knew Wizzo, this night at Bricktop will surely be packed. Joining him will be James Ehram. Decibel, Nov. 9 at Bar

415 (415 S. 13th St.)

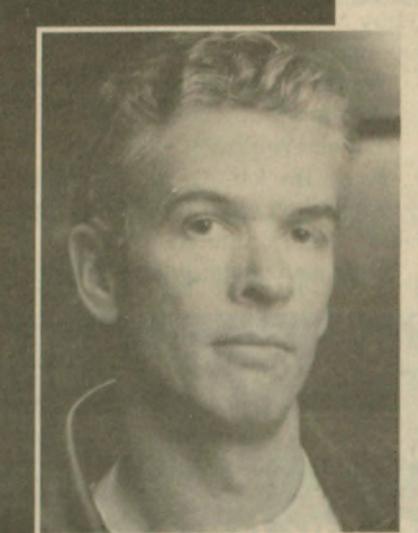
The second Wednesday of every month is Omaha's only night for drum and bass. Cymbalism resident DJs, Plan 9 and + One will be joined by Lincoln guest, Moeglie. For

more info, check out www.technomaha.

Mould, Nov. 12 at the Mile-A-Way Hall in Council Bluffs (20270 Highway)

While big-named DJs from out of state are usually thought to be a moneymaker for parties, budgeting the expense often is the thing that kills the pockets of the promoters. Together Productions is doing an event that says the headlining DJ doesn't need to be some ego-fed industry buff on a 12-inch platter of vinyl. Instead, the real stars are the very people that make up the electronic music scenethe local DJs. Spotlighting the locals, the event line-up includes Daniel LaRusso, DJ Knotty, + One, Natron88, James Ehram vs. Aaron Lee and Amtrax vs. Curtis The Destroyer. This will be a night filled with breaks, ghetto tech and electro house slammers that are so delicious, you would think they are the new breakfast special at Denny's. The event starts at 9 p.m. and goes until 3 a.m. For more info, check out www.technomaha.com.

2005-06 ABC Breakfast Series



Thursday, Oct. 27, 2005 7:00 a.m. Holiday Inn Central 72nd & Grover

Featuring...

Christopher

Tickets • \$12.50 To purchase tickets: 402-554-2981 Academy, Business and Community www.unomaha.edu/abc

Christopher Whitcomb, a 15-year veteran of the FBI, is the author of "Black" (June 2004) and "Cold Zero: Inside the FBI Hostage Rescue Team" (September 2001). He currently works as an on-air terrorism analyst for NBC News, speaks internationally on security and crisis-resolution matters, and writes on a freelance basis for several national publications.

Omaha



The MavRadio Pick of the Week

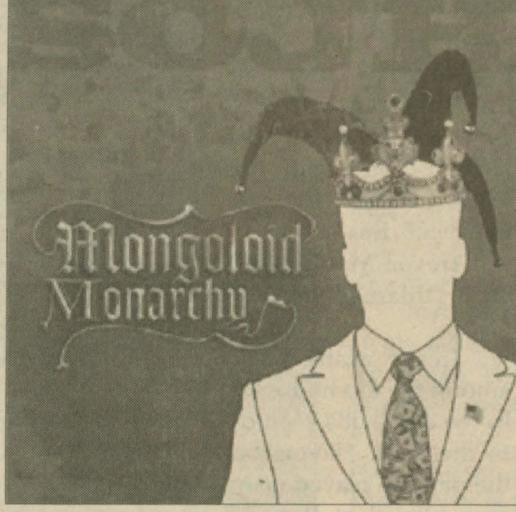
CHARLEY REED STAFF WRITER

Today, many would argue that the top "punk" artists are anything but punk. Whether it is Green Day, Fall Out Boy, Sum 41, and even Rise Against has fallen prey to the curse of the power ballad. For those that learned to love music with bands like Blink-182, Goldfinger and The Offspring, and thought that sound was lost forever, I suggest you get down on your hands and knees and thank whatever god you pray to for Straight Out of Junior High's Mongoloid Monarchy.

On June 4th, the four-piece powerpunk group held a CD-release party at the Lincoln music venue Knickerbockers it. for its third full-length release, and first on the Wunkrock record label. With Mongoloid Monarchy, the band seems to take a shot at anything and everything including Wal-mart, basketball, college, stalkers, STDS, and even themselves.

The best part of the release is that much in the mold of "ska," and more recently "pop-punk," the band doesn't take itself seriously...at all. The first track, called "USF" because its full name is not fit to print, is all about what makes college life fun: drinking lots of liquor. Even if it might not be politically correct, lines like "your tuition is just the bar tab, so go out and have a good time," are sentiments that everyone, from freshman to graduate student can identify with. After all, being bold and having fun is what punk-rock is all about, right?

Next we have songs like "Target Has My Heart" and "Down with Anarchy" which make fun of both ends of the punk-rock spectrum. "Target Has My Heart" is as close as SOJH gets to a power-ballad, but it is hard to say that a song that professes that Wal-mart sucks simply because Target has "the cutest girls outside of Hooters," is on the same level as "The Reason." Secondly you have "Down with Anarchy" which hits the nail on the head about 90's era pseudo-punk rockers so hard it will have



you laughing out loud days after hearing

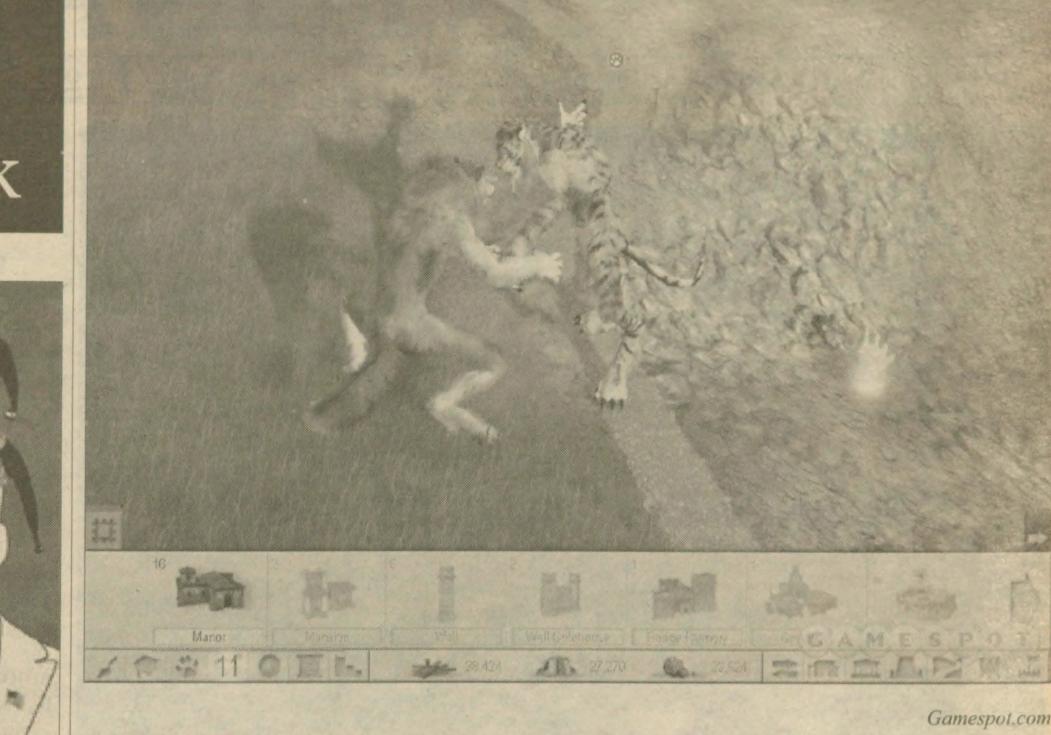
Last but not least, you have the band's first radio single: "It's a Brand New Day," which has gotten a lot of mixed reactions, but then again, what do you expect about a song that would make the Trojan Man blush? Some call it toilet humor at its worst while others will claim it is a welcome relief and a much needed blast from the past. If controversy is what this record needs to get people to listen to it, so be it. Honestly, the band would welcome their hit the shelves. detractors and invite them to go see one of their shows.

Straight Out of Junior High is one of many highlights of the Nebraska music it seems that this is the only new feature that scene that are on the cusp of breaking out the game has to offer. of that label and proving that they can be bigger and better. While it may take a while for their dreams of being a national sensation to become a reality, Nebraskans should remember that the band is above all else, a product of the local music scene, and if that was not reason enough to buy Mongoloid Monarchy already, then hopefully this review will be.

Artist: Straight Out of Junior High Album: Mongoloid Monarchy Label: Wunkrock

Key Tracks: "USF," "Target Has My Heart," "Down with Anarchy," "G-Baby," "It's a Brand New Day"

Release Date: July 6th, 2005



Gamespot.com

The creature fights from the first game are in the sequal, however players do not have the option to control their characters any longer.

Black and White 2 lacks the devine touch it aims to give its players

STAFF WRITER

Here is an example of a sequel to a great game that manages to fall far below expectations.

Black and White 2 was one of those games that had me checking up on the release date every few weeks until it finally

A sequel to a fantastic game-of-the-year back in 2000, Black and White 2 is an overall improvement in graphics, but unfortunately

The premise of this game is quite simple. You are a god who is sent as a guardian of a Greek tribe to guide them back to their throne as you try to reclaim the land they have lost. On this path, you can be good or evil, black or white, and the choices you make affect the game play by changing the landscape around you. That seems to be all there is to the game.

Build up your city with the same repetitive buildings in each level, increase your town's impressiveness, and assimilate other villages. Once all villages are either conquered or impressed enough to join you, you move on to the next level.

All of this combines to make the game seem like a culmination of monotonous busy-work thrown at players to make them

SANEL SELIMOVIC forget about what this game really should

This is the first time I have seen a game take out the most entertaining aspect of it, which made it so popular in the first place. While game developers seem to have focused on generating thousands of individual grass strands they overlooked the critical creature battles. As a god, at the start of the game you are allowed to choose one of several creatures who can serve as an entertainer, gatherer, builder, or a soldier for your tribe, and will grow in size and intelligence as you progress. Because opponent tribes have a creature of their own, the battles amongst the two were always fun to engage in. While the original game let the player's creatures square it off in a battle ring, choosing their fighting moves and kicks, Black and White 2 eliminates this and instead lets the creatures fight it out on their own without player's input. At this point the player can safely step away from the computer because user's input will not be required.

There is nothing innovative or attractive about this game besides the technological achievements made in graphics design and artificial intelligence. For newcomers this is a great game, but for players of the original game, Black and White 2 may be redundant and lacking the originality of its predecessor.

Grade: C+



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Juha Uotila

University of

Davis for the puck during

Friday's game.

Miami's Nathan

battles

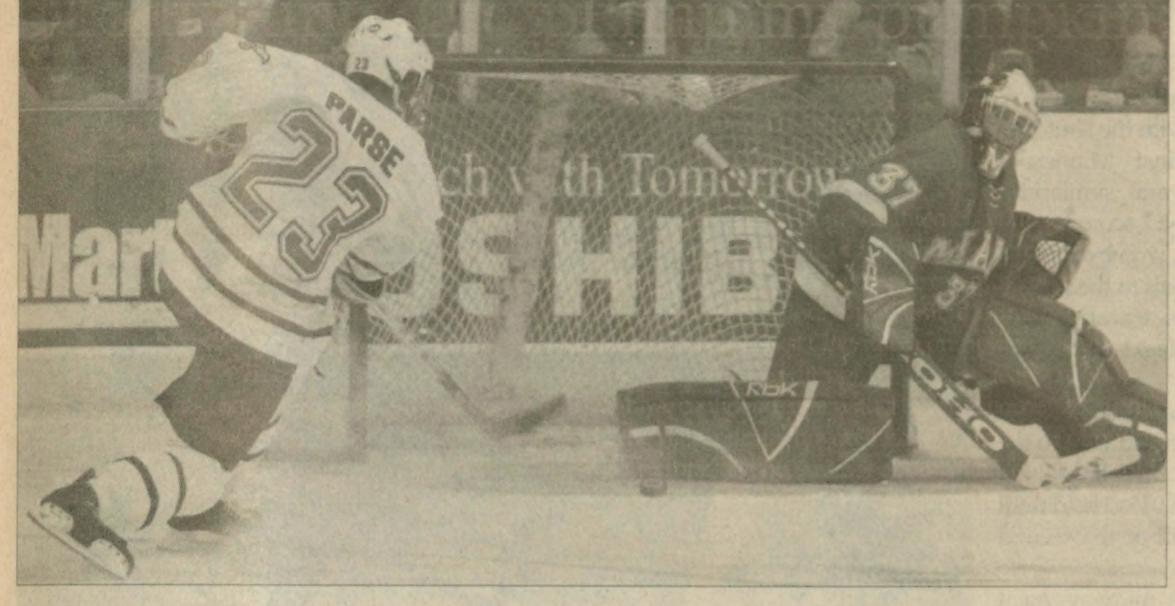


photo by Michelle Bishop

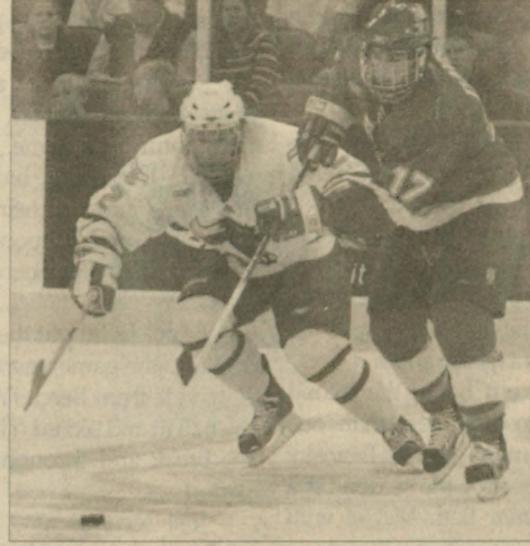


photo by Michelle Bishop

UNO's Scott Parse fires the puck past Miami's goalie Jeff Zatkoff during Saturday's game.

Redhawks sweep Mavericks in conference opener

NATHAN LEETE SPORTS EDITOR

The University of Miami (Ohio) hockey team swept the Mavericks in UNO's Central Collegiate Hockey Association opening series this weekend at the Qwest Center.

The Redhawks downed the Mavs 6-3 Friday night and completed the sweep 3-2 on Saturday. This weekend marked the first time the Mavericks failed to capture any CCHA points in a home opening series since they joined the league in 1999.

The Mavericks jumped out to an early lead one minute and 30 seconds into Friday's game when Mick Lawrence scored on a delayed penalty assisted by Phil Angell and Dan Charleston. The lead

held through the first intermission.

Chris Michael tied things up for the Redhawks on a one-timer from the right circle 8:21 into the second period. Andy Greene forced the Mavericks to play catchup the rest of the night when he scored with just over three minutes left in the second.

The Redhawks didn't waste time in extending their lead in the third period. Marty Guerin scored on a power play goal from the right circle 3:03 into the period. Less than two minutes later Greene picked up his second of the night on a 4-on-4 even strength goal.

The Mays tried to mount a comeback in the second part of the third when Lawrence picked up his second goal of the night 10:37

into the final round. Miami's Nino Musitelli gave the Mavericks a great opportunity to catch up when he was called for checking from behind and given a 10-minute game misconduct 11:38 into the period, giving the Mavs a 5-minute powerplay.

Thomas brought the game within one when he picked up his first goal of the season with 3:13 left on the clock, but the Redhawks would not be denied.

Ryan Jones scored on a UNO turnover with 2:04 left in the game. Michael sealed the deal with an empty net goal in the final

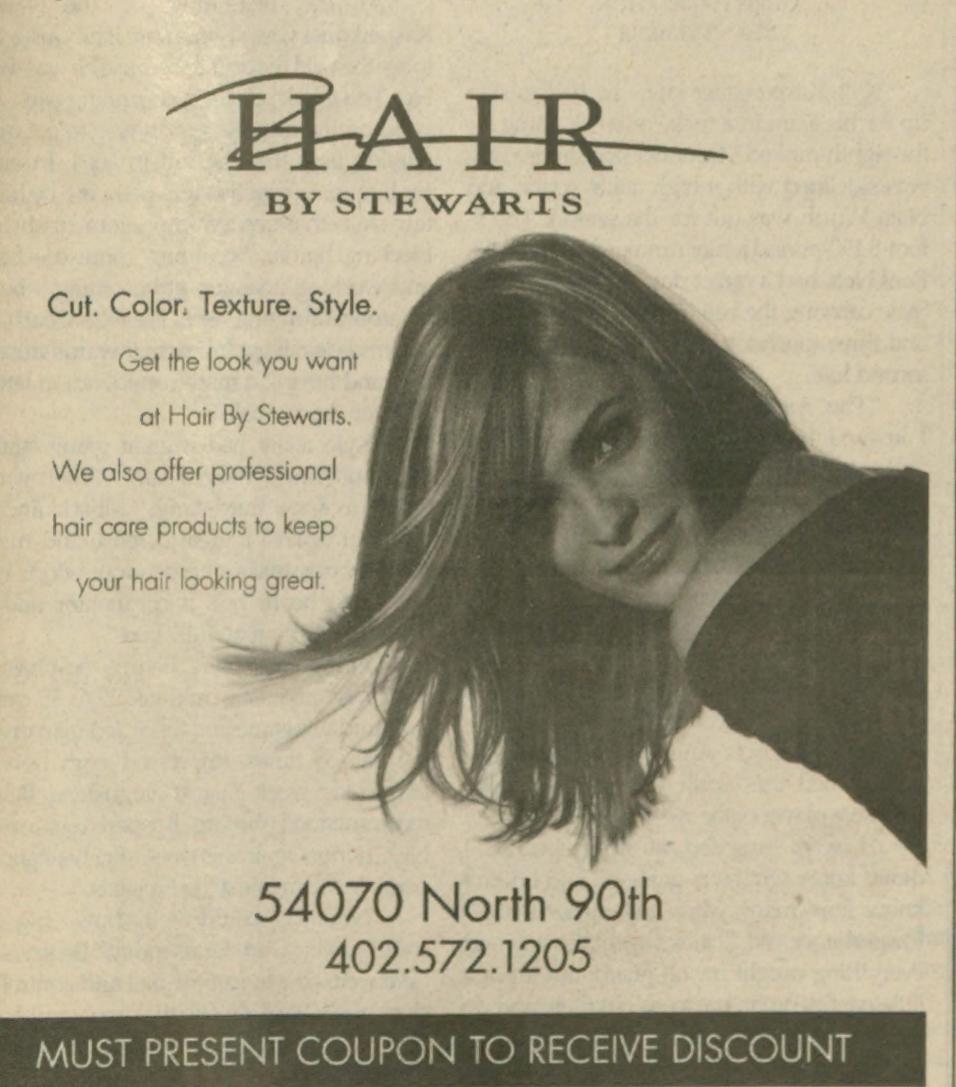
The Mays outshot the Redhawks 31-21 but failed to put the shots in the net.

Saturday night it was Miami that struck first. Matt Davis scored at 13:56 into the game to put the Redhawks up 1-0.

Scott Parse tied things up for the Mavs with a short hander 3:30 into the second period, but the Mavs allowed the Redhawks to regain the lead midway into the period. Michael picked up his third of the series 12:49 into the second on a powerplay. UNO fought back, and Thomas knotted things up at 2 less than a minute later.

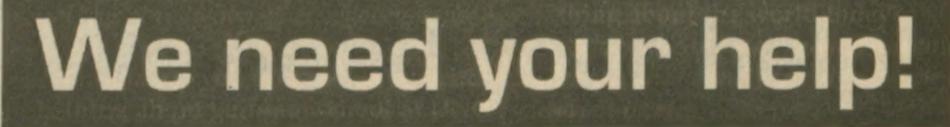
Miami's Mitch Ganzak put the game winner in midway through the third and the Redhawks defense, led by goalie Jeff Zatkoff kept the Mavs from taking the game into overtime.

The Mays fell to 2-2-0 overall (0-2-0 conference). UNO has a week off and then is on the road for the next four games starting Nov. 4-5 at Bowling Green.





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Mavericks extend streak to 13, remain only undefeated NCC team

NATHAN LEETE SPORTS EDITOR

The UNO soccer team remained undefeated at home, and extended its win streak to 13 straight after shutouts against St. Cloud State on Saturday and Minnesota State-Mankato on Sunday.

In Saturday's 5-0 shutout, the Mavericks jumped out to an early lead against St. Cloud State when Amber Richardson took a ball from a defender and punched it into the net from 20-yards out for her sixth on the season in the fifth minute of play. The score would remain 1-0 through the first half despite the Mavericks' 17-0 advantage on shots.

The Mavs came out hot in the second half, scoring two goals in less than one minute of play. Freshman Amanda Iwansky scored her seventh goal of the season off a corner kick from junior Beth McGill with 46 minutes and 11 seconds on the clock. Brandie Beale scored her team leading 10th goal of the season 32 seconds later. Beale kicked a midfield pass from Iwansky into the net for the 3-0 lead.

Late in the game the Mavericks added another two goals. Danielle McCawley scored for the first time this year on a corner kick from Ali Portell in the 71st minute and then Megan McCallister picked up her first goal 10 minutes later on a pass from Tricia Braziel.

UNO outshot SCSU 36-2 with a shots on goal advantage of 18-1. Amy Price picked up the 65th win of her career with the shutout.

Sunday's game against Minnesota State-Mankato shared several similarities with Saturday's game. UNO scored early, held a 1-0 lead at the break, won by shutout and scored most of their goals in the second half. Also both opponents traveled from Minnesota to the Soccer Field at Ak-Sar-Ben.

Beth McGill put the Mavs on the board 6:47 into the game on a midfield pass to the right side from Becca Fritz. McGill dribbled the ball in and scored. The 1-0 lead held until the break and through half of the second period.

Just seconds after the midway point of the second half UNO opened the game up, scoring three goals in three and a half minutes. McGill picked up her second goal of the afternoon when she kicked a pass from Beale over a diving MSU goalkeeper from 10 yards out at the 75:16 mark. Less than a minute and a half later McGill picked up a hat trick when she wrapped a free kick around several defenders and into the net.

See Soccer: Page 12

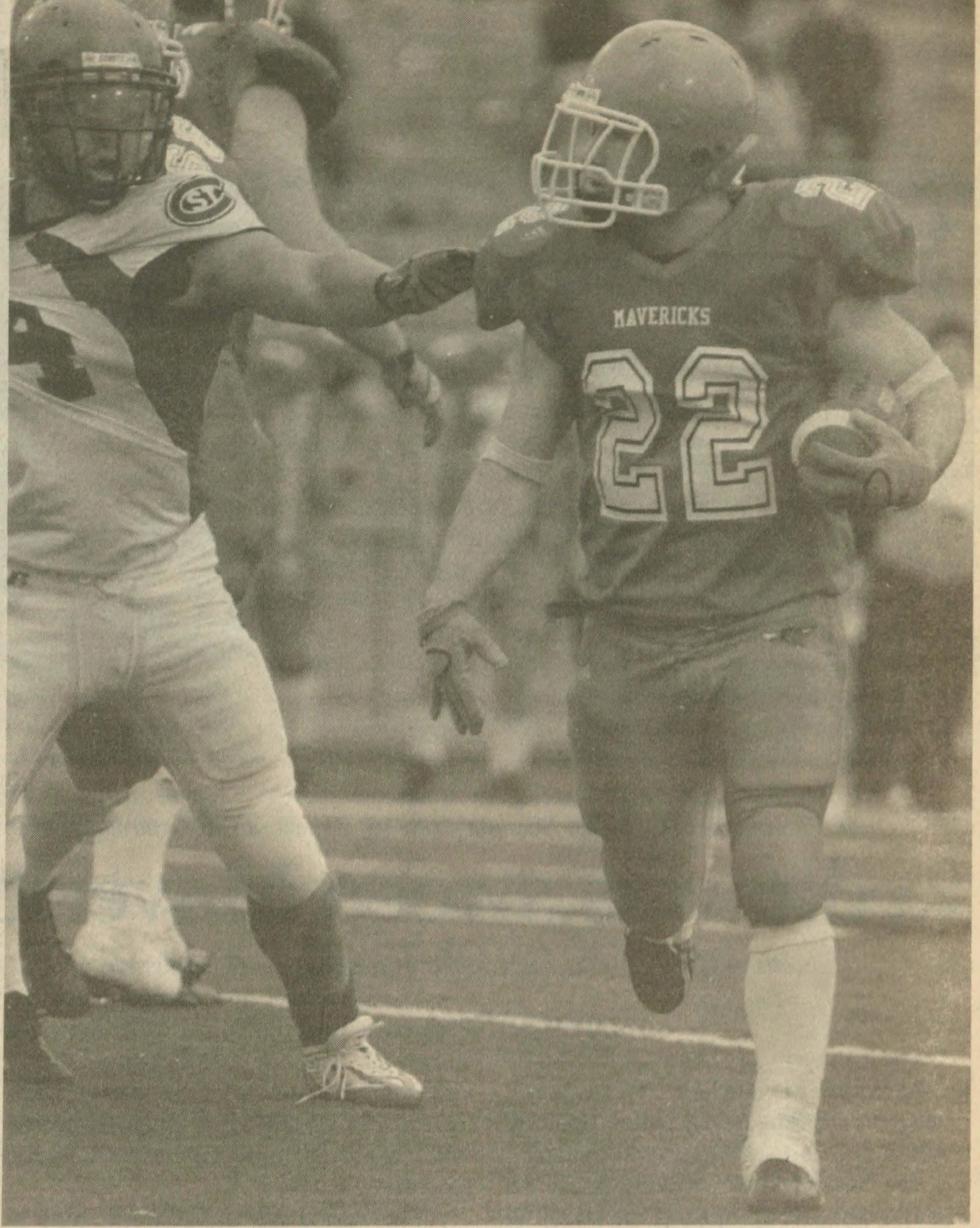


photo by Michelle Bishop

Kyle Kasperbauer ran for 179 yards and three touchdowns as the Mavericks defeated St. Cloud State 38-21 on Saturday.

Kyle Kasperbauer steps up from third string to offensive star

CHRIS HARRINGTON
SENIOR STAFF WRITER

Kyle Kasperbauer knew he had to step up for his team in a make or break game for the eighth-ranked Mavericks since Jamar Day was sidelined with a high ankle sprain and Nate Wurth was out for the season. The 5-foot-8 190-pound junior running back from St. Paul Neb. had a career day against St. Cloud State carrying the ball 35 times for 179 yards and three touchdowns, including two in the second half.

"The pressure was there, because I knew I had to step up for my coaches and teammates, but I didn't think about the pressure," Kasperbauer said. "This was one of those games where you come in and win, then leave it all on the field.

Saturday's game was Kasperbauer's second straight where he eclipsed the century mark in rushing. He had 179 of the teams' 191 rushing yards. Kasperbauer ran 13 times for 139 yards and two touchdowns in UNO's win last week over Augustana, in which he was named the North Central Conference offensive player of the week.

"I was surprised at first, because I didn't know what was going on and I didn't know how many yards and carries I had," Kasperbauer said. "I look back at the stats and everything caught me off guard, but it put a little confidence in me to go out there and do it again this week."

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At the beginning of the season Kasperbauer wasn't even sure if he was going to see the field that much because he was listed No. 3 on the depth chart at running back. His goal coming into the season was to get more playing time than he did in 2004. In order for him to accomplish that he knew he had a few skills that needed improvement such as blocking harder, becoming more coachable and working non-stop at becoming a better all-around running back. He feels Coach Pat Behrns is leaning a lot more towards trusting him and having a more confidence in letting him run the football.

"Kyle really had a great game against St. Cloud State," Behrns said. "When you're down to your third-string tailback and he goes out against a great defense and rushes for 179 yards, that's a tremendous effort. He's got a big heart, he's a competitor and he wanted this thing awfully bad."

During the week, Behrns emphasized how Kasperbauer would get 25 to 35 carries in Saturday's game and he ended up carrying the ball 35 times. Impressed with how he played last week against Augustana, Behrns recommended putting Kasperbauer up for NCC honors again this week after his standout performance against the Huskies.

"Nobody could tell how big his contributions were for us today," Behrns said. "We were able to run the ball and control the clock and if we didn't do that you would see a

different score on the board."

Kasperbauer mentioned that he had no problem with carrying the teams' load on his back, which he thinks is a must for a running back, especially leading in the fourth quarter. He has now carried the pigskin 91 times for 520 yards and five touchdowns, averaging 5.7 yards per carry

See KASPERBAUER: Page 12

From MAVERICKS: Page 1

was frustrated with not being able to do the things that I normally do, but I was effective."

Denney caught six passes for 167 yards. Herold led the receivers with seven catches for 61 yards and two touchdowns. Kasperbauer had a career-high 35 carries for 179 yards and three touchdowns, including two in the second half. Masek threw for 202 yards and two touchdowns.

Saturday's win didn't come easy. UNO held a 21-0 lead over St. Cloud State (7-2, 3-2) late in the second quarter, but the Huskies scored 21 unanswered points and tied the ball game up late in the third quarter.

"I think our offense didn't get the first downs like we normally do and played flat for a while," Herold said. "St. Cloud State's defense started playing on their toes more and had us beat at that exact point in the game, but our offense dug deep, came back in and made some big plays."

A couple of those big plays came from Kasperbauer, who shredded the Huskies' defense with a 26-yard touchdown run toward the end of the third quarter to put the Mavericks ahead by seven. Andy Severson's 39-yard field goal made it a two-score game, but Kasperbauer's 19-yard touchdown run late in the fourth quarter pretty much put the game out of reach for St. Cloud State. UNO dominated the time of possession but was penalized 10 times for 110 yards.

"For three weeks in a row we had way too many penalties, but the ones that disappoint me are the personal fouls," Behrns said. "I can't control holding calls or things

that happen naturally, but I'm not going to harass anybody for the penalties."

Another problem UNO encountered throughout the game was its kickoff coverage. Behrns had his kicker squib the ball on kickoffs because the Mavericks were giving up too many yards and good field position to St. Cloud State. From that point on in the game, the Huskies had no returns. The defense stepped up and held St. Cloud State to 317 total yards, including 86 on the ground. Randy Kush had a team-high 11 total tackles, including eight solo and an interception.

"Every week it's do or die for our team," Kush said. "Our defense is getting better each week and our secondary is better with man-to-man and zone coverage."

Whatever adjustments the UNO defense made after the Huskies tied the game up at 21 all, worked out perfectly. St. Cloud State was held scoreless for the entire fourth quarter. Taiwou and Kenny Onatolu combined for 20 total tackles, including two behind the line of scrimmage. If the Mavericks want to win out, they will have to play the type of football the team played in its last two games. UNO doesn't have time for celebration with an important road match this weekend. The Mavericks will travel to North Dakota to take on the Fighting Sioux. North Dakota is the No. 2 team in the country according to the American Football Coaches Association poll. The Mavericks have won four of the past five meetings overall, but North Dakota is undefeated this season and on a 23-home game win streak.





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Saying goodbye over a tear-spattered cocktail napkin

Josh Bashara

Today I said goodbye to the love of my life.

The world around me was spinning and buzzing as it always does—fast-paced lives going from one place to the other. People going to work, families coming home. The world is breathing, and at this moment I'm frozen in time with the girl I love more than life itself.

We're temporarily caught in our own world—our own private universe. People walk. People talk. The world buzzes. But at this moment, we are the only two people in

existence. Her and I—two people drawn together with an intensity and passion that could move a mountain, that could topple the greatest building ever builtwe're together, and we're alone with our love so thick in the air that it hurts my eyes, my mouth. My throat turns dry and tears well up under my eyes. It's the love—it's just too goddamn strong.

It's overwhelming. It's absolute, and it's been bottled up inside just too long.

I look at her face—into her eyes and I can't hold the tears back. I'm not sobbing; just a steady, strong stream of tears that roll off my cheek and spatter the napkin beneath my empty cocktail glass.

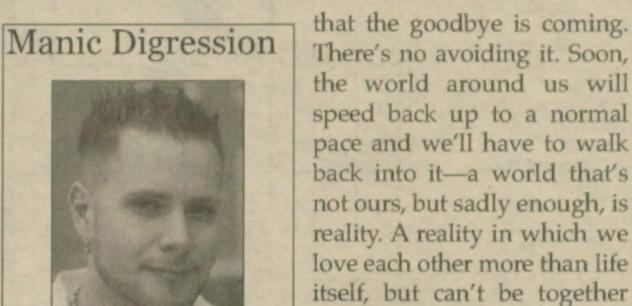
I look at her, and I can see it in her big, brown eyes. Frozen together in time—life just spinning around us like a crazy, neon-lit carousel—we love. It's been three years since we've seen each other, and all the love that's been packed tightly inside of us is now gushing out in overwhelming waves of wanting and need. And so I suppose that's what true love really is.

But miles and miles separate the places we call home, and it's just this one day that we have together. One of the toofew times throughout the decade we've known each other that we're together for a brief time.

We knew we didn't have much time together, and so we walked together for a few hours, talking about life and friends and family and all the things that mean something, but at the same time they don't. The only thing in the entire world that really means something to each of us at this moment is each other—the love we've felt for years but never been able to manifest into something tangible.

The last hour comes too soon. With years between the last time we've seen each other, the minutes we have now feel like just seconds.

That last hour we really talk. We talk about life and love, about joy and sadness. Sucking down cigarette after cigarette, we look into each other's eyes, knowing



It's going to be the fourth time I've had to say goodbye to the love of my life. And so I cry. I cry out of anger

because of circumstance.

and despair. I'm angry at the world—the unfairness of it all; a world in which two people can love each other with such intensity, and denies these two people the simple favor of just letting them be together.

And the despair that pounds with each beat of my heart is one that rivals anything I've ever felt, probably anything I'll ever feel until the day my parents leave this earth.

And so I cry. I cry out of loneliness and desperation. The love for this girl is the purest thing I've ever felt. In my young-adult life—so full of maddening questions and foggy answers-my love for this girl is the only real truth I've ever known. It's the only thing I don't question...no doubts, no maybes burning in the back of my mind.

But for whatever reason life has for keeping us apart, it's time to say goodbye again. And it hurts like hell.

I reach out and take her hand. It's soft and warm—just a simple hand, but it feels so good. We take one final, longing gaze into each other's eyes so filled with a mixture of sadness and love—and we say goodbye.

She backs away, turns around starts walking to her car. Impulsively, I reach out and grab her arm, pulling her back to me. I look into her eyes and hug her, my head squeezed tightly next to hers.

"I love you so much," I whisper into her ear.

She tells me the same, and I let her go Again, for the fourth time, I let her go.

I take a few steps backward, tears still flowing, and I turn away and join the world again. People walk and talk around me, business men talk on their cell phones, mothers walk with their children, groups of friends smile and laugh.

I'm still crying as I wipe the tears from my face, sniffling my running nose and wiping away the wetness around my red, swollen eyes. I walk back into the real world, and out of ours.

Later that night, I silently scream at the sky. Why does it have to be like this? What kind sick joke is life playing at, throwing two people together to fall in love, only to keep them apart year after aching year?

But I suppose that's life, as they say. In real life, there isn't always closure. There isn't always a happy ending. Sometimes there isn't even a sad ending. Life just is.

Sometimes there are no morals to learn of the story. No answers, just questions. Just like this column. No back story, no conclusion to wrap things up into a nice little package. Just a small piece of life that I felt like sharing, for whatever it's intrinsic worth. It's life.

Where have all the heroes gone?

Integrity is a strange thing. It is relative to its usage and varied in its value. It can be seen as the strength, the measure or the maker of a man or woman. It can mean validity or honesty or it can mean a lack thereof. However, it is more often than not a thing that is taken for granted until it compromised.

How many individuals would sacrifice 85 days of his or her life behind the bars of a federal penitentiary in

order to maintain the sanctity of his or her integrity?

Judith Miller did just that. In a time when the media is called the scourge of the earth by so very many this middle-aged woman did, in one quiet and unceremonious motion, what so many are unwilling to do. She placed the value of integrity above her own comfort.

Living up to integrity's true potential with the cub reporter in the field chasing a car accident or sitting in a neighborhood association meeting and lands in the laps of publishers in their ivory and often disconnected towers. We live in a country where our profession has been afforded many liberties. Laws banning prior restraint and the Freedom of Information Act protect us. Those liberties come with tangled, sticky strings. The most delicate of those strands are our obligations to our readers and to our sources. Protecting our sources is one of the greatest responsibilities journalists have. It is the backbone of our trade and it is intrinsically vital to the integrity of it.

Identifying where your integrity lives,



Angi Sada

how it breathes and how integral a part of your life it is isn't just for journalists. It's a life choice that determines so much of who you are. Saying that you are going to do something and doing it makes you a person of your word. Saying something and living by it makes you dedicated. The combination of the two makes you a person of integrity.

There are a million times a day that integrity is tested

and there are a million times a day that it is failed. It is abandoned with a frivolity that sometimes breaks hearts and kills spirits. It's in little things, like saying please to the guy behind the counter at the gas station to show that you respect the fact that he came to work that day or letting a pregnant woman take your seat on the shuttle bus when the other people avoid her tired gaze, where you can find the simplest ways to reaffirm your integrity.

More often than not integrity is discarded for convenience and compromised for a good time or cheap thrill. That is a dangerous trade-off that comes with minimal pay-off in the end. It is so a foreign concept to so many. It is interchangeable like earrings or jeans. It should be permanent. It should be like a soul tattoo: irremovable and unwavering. It should be a living extension of you want

Integrity has become more like a pinch of salt in what makes a human instead of an indispensable ingredient. It is optional and that option is rarely taken in the face of great personal sacrifice.

Freedom of speech can backfire

Rumor has it that the UNO College Democrats may be planning some sort of "Freedom of Speech" rally somewhere around early November in the Milo Bail Student Center plaza. Unfortunately, I can already see this for what it'll really be: a bunch of people getting on a stage, screaming into a microphone about how Bush (to them, at least) sucks. It's going to be nothing more that a big "Bash Bush" fest, folks,

plain and simple. But this "Freedom of Speech" rally of theirs will actually hurt their cause more than help them. And it's not because of republicans, it's because of simple public relations(Personally, if I were in charge of the College Republicans, I wouldn't do anything

in response. Let them hang themselves). I'd be willing to bet that a majority of people aren't really involved in politics that much, and I understand. I used to think politics was boring until 2004 came around and I had to decide who I was going to vote for. But let's say you're passing these ranting banshees while on your way to your next class. Would you listen to what they say, would you ignore them, or would you want to get as far away from that stage as possible? I'd be willing to bet that there'd be more ignoring and running away.

Why? Normal people don't listen in raving people. Plain and simple. Honestly, do you want to listen to someone screaming incoherently into a microphone, saying about the same stuff



Matthew Lytle

that we all have been hearing for the past three years nonstop (namely, Bush lied, No blood for oil, you can get the idea)?

And before the College Democrats say that their freedom of speech is being infringed upon, no it hasn't. What has happened is that the public has their freedom of choice, and they choose not to listen to the ranting.

I have three scenarios where the public has used

their freedom of choice against someone who used their freedom of speech to bash the president or support someone who has made a career of it.

Case 1: Whoopi Goldberg. She was slowly making her way back up, with an endorsement contract with Slim Fast. However, this is mid-late 2004, just before the election, and she participated in a pro-Kerry/ anti-Bush party in New York City. During that party, she made many reference jokes about Bush and even grabbed her crotch in

See As FAR AS I'M CONCERNED: Page 12

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From AS FAR AS I'M CONCERNED: Page 11

the process. The fallout was bad for her, and Slim Fast promptly cut her endorsement contract. Bad publicity can hurt.

Case 2: The Dixie Chicks. First off, country music listeners are perhaps some of the most patriotic people you'll ever meet. But when Natalie Maines, lead singer of the group, said that she was ashamed that President Bush was from their home state of Texas, their record sales plummeted, sharply. I don't think they were ever able to recover.

Case 3: Linda Ronstadt. Once again, it's late in the 2004 election season, and she was performing at the Aladdin Hotel/Casino in Las Vegas, and when she was about ready to perform the song "Desperado," she made the mistake of dedicating it to Michael Moore. What happened next is just amazing. Patrons threw drinks onto the stage, some stormed out of the theatre, demanding a refund, while some others began to rip down

or destroy posters promoting her concert. Aladdin officials even asked her to leave without letting her get her stuff from her

Will the College Democrats heed my warning? I doubt it. About a few months ago, I gave seven suggestions on how they could save their party, and they wouldn't listen. Odds are, they won't listen this time, and all things considered, I'm going to love to say, "I tried to warn you. You were making a big mistake."

The freedom of speech is a powerful thing. I mean, if it weren't for that, I wouldn't be doing this. And there are people who share your views. But, the freedom of speech is a double-edged sword. Misused, as I fear it may be at this event, it could do more harm than good.

From SOCCER: Page 10

Beale picked up her 11th of the season at the 78:47 mark off a pass from Price from 15-yards out. The Mavs downed the purple Mavericks 4-0 to remain the only undefeated team in the North Central Conference

Saturday was also Senior Day for the Mavericks. Seniors Fritz, Price, Meghan Pile and Christen Boeckel were honored before final home game of the season.

the game. The seniors have 71-10-4 career record and are looking to become just the fourth NCAA Division II school to lead a team to the final four for four consecutive seasons.

The Mavericks will host North Dakota Friday at 2 p.m. at Ak-Sar-Ben Field for the

From KASPERBAUER: Page 10

so far this season. He has shown that he can catch the ball out of the backfield with 12 receptions for 104 yards, averaging nearly nine yards per catch. Kasperbauer is an allpurpose type of running back, and is one of the top players in the NCC at returning kickoffs, averaging 26.4 yards per return.

He believes he's improving each game and isn't satisfied with his stats.

"I believe I can do better," Kasperbauer said. "As far as Saturday's game and our homecoming game, I'm going to be pushing myself to do better and better no matter how good I perform."

Crossword

- ACROSS 1 Nebraska city
- 6 Suffers defeat 11 Spider's lair
- 14 Wanderer 15 Dickens' Heep
- 16 Tiller's tool 17 Stagnant 18 Creating
- farmland on hillsides 20 Monstrous
- 22 Coin channel Gatos, CA
- 24 Flock members 27 Fertile loam
- 30 College of voters?
- 32 Kukla's friend 33 Clergyman's title:
- 34 Take a break 36 Rage 37 Effortless
- 40 Key of "Eroica" 42 Hive dwellers
- 43 Fruit beverage
- 44 Ali, formerly 45 Top card 47 More docile
- 49 Hallway items 54 Wide grin
- 55 Follow
- subsequently 56 Ignited 57 Diplomat's skill
- 59 Provencal verse 61 Loco in the Old West?
- 65 "Driving Miss Daisy" star

Jessica

- 66 Nol of Cambodia 67 Disney's middle name
- 68 Napoleon's fate 69 Civil War general
- 70 Swine supper 71 Chopped into small cubes
- DOWN 1 Baseball bird
- 2 Genghis Khan, for one
- 3 Strongly disinclined
- 4 In this place

28

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- Solutions 5 Pretentious performer
- 6 Part of M.L.K. 7 Mined mineral

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- 8 Titled Brit 9 Jug lugs
- 10 Onion relative 11 Harmless fib
- 12 Long time 13 Say pretty please
- 19 Groovy! 21 Digger's tool
- 25 Near the beginning 26 Petition
- 28 Address for a king 29 Goes out with 31 Wail like a baby
- of Liberty 37 Has a meal
- 38 Comic Sandler 39 Musical half step 41 Visage
- 42 Arthur or Lillie 44 Nativity scenes
- 46 Peaked, as a flood
- BONHORSE SWILLE ENSNE EFLATBEES EASY ELECTORAL

SSBOT LOSMEEF OGBEISH TEHBACING TRBI ROVER HAIRU 60 DeVito TV series

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58 Peal

the weather 62 Fish eggs 63 Duran Duran

61 Feeling under

64 Blackjack

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